

## COMMANDER NAVY REGION MID-ATLANTIC (CNRMA)

### TRAFFIC SAFETY TRAINING

Commander Navy Installations (CNI) has awarded a contract to BMT Designers and Planners for the training implementation of the Navy's Traffic Safety and Recreational Off-Duty Safety (RODS) programs. **This training is coordinated and managed by the respective CNRMA Public Safety installation's safety office. Please contact the respective Safety Office to obtain course quotas (see next page).** Instructors from BMT provide training in various topics. Below is a brief synopsis of the courses currently offered:

**Basic Rider Course (BRC) - Motorcycle Safety Course, (16 hours, 2 days).** Motorcycle Safety Foundation (MSF) approved course. Mandatory for all active duty personnel who operate motorcycles on- or off-base, on- or off-duty, on- or off-road and civilian employees operating on-base. State license with appropriate motorcycle endorsement is required to sign up.

**Experienced Rider Course (ERC) – Motorcycle Safety Course (5 hours, 1 day).** Motorcycle Safety Foundation (MSF) approved course. Group riding suite is included in this training. **Successful completion of BRC is required.**

**All-Terrain Vehicle (ATV) Rider Course (8 hours, 1 day).** Operators of government-owned all-terrain vehicles (ATVs) shall successfully complete this course prior to operating these vehicles on any navy installation.

**American Automobile Association/Driver Improvement Program (AAA/DIP) (8 hours, 1 day).** Classroom instruction in traffic safety designed to establish and reinforce a positive attitude toward safe driving. This course is mandatory for (1) all, other than incidental, drivers of government motor vehicles (GMV); (2) military and DOD civilian personnel who, while driving a GMV, were involved in a crash on- or off-base; (3) personnel operating a GMV or personal motor vehicle (PMV) who have been convicted of a serious moving traffic violation (i.e., reckless driving, driving while intoxicated, speeding, following too closely, failure to yield).

**\*\*NEW COURSE\*\* Driver Awareness Safety Training (DAST) (4 hours, 1 day).** Classroom instruction in traffic safety designed to establish and reinforce safe driving habits with emphasis on individual responsibility and correct response to routine and emergency driving situations. **Course meets the military personnel under 26 years of age traffic safety training requirement.**

**\*\*Customer Requested - Training / Presentations \*\*** Training and presentations in various traffic, holiday and recreational safety topics are available upon customer request. **Contact the CNRMA Traffic Safety Program Manager, Terri Meagher at (757) 322-3116, DSN 262, [terri.meagher@navy.mil](mailto:terri.meagher@navy.mil) or Assistant Traffic Safety Program Manager, Mike Lucas at (757) 322-2433, DSN 262, [Michael.s.lucas1@navy.mil](mailto:Michael.s.lucas1@navy.mil) for additional information.**

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**QUOTAS MUST BE OBTAINED TO ATTEND COURSES IDENTIFIED IN THE BELOW CALENDAR. TO OBTAIN QUOTAS, PLEASE CONTACT THE RESPECTIVE SAFETY OFFICE:**

### SEWELLS POINT

Naval Station Norfolk  
(757) 322-2928 / 17

### VIRGINIA BEACH

NAS Oceana / Damneck  
(757) 433-2692

### LITTLE CREEK

Naval Amphibious Base  
(757) 462-2197 / 2199

### PENINSULA

Yorktown NWS / Cheatham Annex  
(757) 887-4661

### NSA NORTHWEST (NW)

(757) 421-8383

### WILLOW GROVE PA

(215) 443-6006 / 6007

### NSA MECHANICSBURG

(717) 605-3369

### NSA MECH DET PHILA

(215) 697-1163 / 5731

## AUGUST 2006

Sun	Monday **	Tuesday **	Wednesday **	Thursday **	Friday **	Saturday
		<b>1</b> BRC – Sewells Pt (1600-2000)	<b>2</b> AAA – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>3</b> BRC – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>4</b> BRC – Sewells Pt	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> AAA – Va Beach BRC – Sewells Pt (1600-2000)	<b>9</b> AAA – Sewells Pt AAA – Little Creek BRC – Sewells Pt (1600-2000)	<b>10</b> BRC – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>11</b> BRC – Sewells Pt BRC – Va Beach	<b>12</b> BRC – Va Beach
<b>13</b>	<b>14</b> BRC – Little Creek	<b>15</b> BRC – Little Creek AAA- Peninsula BRC – Sewells Pt (1600-2000)	<b>16</b> AAA – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>17</b> BRC – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>18</b> BRC – Sewells Pt	<b>19</b>
<b>20</b>	<b>21</b> BRC – Va Beach	<b>22</b> DAST – Sewells Pt BRC – Va Beach BRC – Sewells Pt (1600-2000)	<b>23</b> AAA – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>24</b> BRC – Sewells Pt ERC – Little Creek BRC – Sewells Pt (1600-2000)	<b>25</b> BRC – Sewells Pt BRC – Va Beach ERC – Va Beach	<b>26</b> BRC – Va Beach
<b>27</b>	<b>28</b> BRC – Little Creek BRC – Va Beach	<b>29</b> BRC – Little Creek BRC – Va Beach BRC – Sewells Pt (1600-2000)	<b>30</b> AAA – Sewells Pt AAA – Little Creek BRC – Sewells Pt (1600-2000)	<b>31</b> BRC – Sewells Pt BRC – Sewells Pt (1600-2000)	<b>1 SEP</b> BRC – Sewells Pt	